

St.Andrews Scots Sr.Sec.School

9th Avenue, I.P. Extension, Patparganj, Delhi-110092
Session: 2026-27. NOTES

Class-IX

Subject -English

Topic: Article Writing

Q1. You saw a stray dog beaten to death by a group of boys. Their act infuriated you and you scolded them for their cruel act. You decided to write an article on cruelty to animals. Write the article in 125-150 words. You are Nikhil/Naina.

**Answer: Cruelty To Animals
By: Nikhil**

Cruelty to animals or animal abuse is the human infliction of suffering or harm upon animals for purposes other than self-defence or survival. Animals are being beaten up and starved every day and millions of animals die each year because of human atrocities.

The plight of stray dogs and cows is a common sight in India. It is inhuman to let them roam around on the streets, let them eat garbage dumped on the roadsides and exposing them to being hit by fast-moving traffic. Ill-treatment and cruelty of these helpless creatures should be stringently discouraged. Shelter homes should be created for stray animals. To create awareness regarding the ill-treatment of animals campaigns, drives and street plays need to be organized. Moreover, we need to observe Animal Rights Day.

Though we have a long way to go, but gradually by making the public more aware about the issues of animal cruelty and by making the society realise the importance of animal rights, we will eventually learn to live in harmony with them.

Q2. Due to the globalization of food industry and fast food culture, traditional healthy diets are increasingly being replaced by unhealthy junk food containing artificial additives and preservative chemicals. Write an article in 150-200 words; taking ideas from Unit-1, Health and Medicine; for a national daily on the need for inculcating healthy dietary habits. Sign yourself as Amit Gupta.



Answer: NEED TO INCULCATE HEALTHY DIETARY HABITS
BY: Amit Gupta

Due to globalisation and the advent of fast food culture, traditional healthy diets have been replaced by unhealthy junk food that has no nutritional value. Children and even adults have become quite fond of this junk food essentially because it is palatable and caters well to their taste buds. Though junk food does not come with a statutory warning, it is, actually harmful for our health, if we eat it on a regular basis, as it contains artificial additives and chemical preservatives. Hence the need arises for inculcating healthy dietary habits. I feel childhood is the best stage to inculcate good food habits. Through constant reinforcement and an emphasis on healthy eating choices at home parents can ensure that their kids continue to eat healthy even when they are away from home.

Parents should remember that kids learn their eating habits from them so they should lead by example and eat healthy, themselves. This will encourage their kids to follow in their footsteps. Children's initial refusal to eat healthy food should not discourage the parents. Repeated exposure to healthy foods like fresh fruits and vegetables, nuts, milk etc. will ensure that the kids might want to try it out at some point. So, constant encouragement is needed to make them try out healthy food but do not force anything. aim to make good nutrition a way of life than a rule and healthy eating habits will come naturally and not something that is being enforced.

